

How Can Astrology Help You?
Let Me Count the Ways!
By Beverlee Brown

1. You appreciate yourself more fully
2. You accept others more completely
3. You love others more unconditionally
4. You recognize when opportunities are available to you
5. You time the events in your life more advantageously
6. You anticipate the times when challenges will show up for you
7. You schedule appointments at times beneficial to you
8. You know the ideal times to plan significant events like elective surgery, marriage, or opening a business
9. You know the perfect time to buy or sell anything
10. You follow the 12-month Solar Cycle through the "Seasons of Your Life"
11. You mirror the mood of the moment during the 29.6-day Lunar Cycle
12. You take time to meditate during the New and Full Moon phases
13. You initiate projects during the New Moon phase
14. You gather information during the Crescent phase
15. You step out and take action during the First Quarter phase
16. You combine creativity with techniques during the Gibbous phase
17. You expect to interact vigorously with others during the Full Moon phase
18. You distribute your ideas energetically during the Disseminating phase
19. You contemplate reaping the rewards for your efforts during the Third Quarter phase
20. You release your attachment to what you have created in the current Cycle and begin to sow the seeds for the coming Lunar Cycle during the Balsamic phase
21. You comprehend the lifetime importance of your Prenatal Eclipse
22. You understand the dramatic effects of the Solar Eclipse Cycle as it moves through the Houses of your Birthchart
23. You flow effortlessly with the energy of your personal Solar Cycle
24. You recognize the four "Crisis Points" of your personal Solar Cycle
25. You cash in on the abundance of Jupiter's 12-year Cycle
26. You take responsibility for creating your own destiny in alignment with Saturn's 28-year Cycle
27. You welcome more freedom with the phases of Uranus's 84-year Cycle
28. You tune into the healing and teaching energies of the Chiron Cycle
29. You know where you are in the Seven-Year Cycle
30. You understand the symbolism of the twelve phases of the Seven-Year Cycle
31. You avoid scheduling important undertakings during Void-of-Course Moon periods
32. You are less frustrated by the delays and missed connections during Mercury's three retrograde periods each year
33. You do not plan a wedding or undertake new investments during Venus's retrograde periods